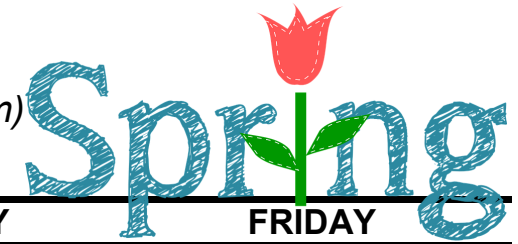


# APRIL 2024

Northeastern Senior Center • 717-266-1400 (Mon-Fri 8am-2pm)  
Lunch served at 11:30am



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 Card Clubs <b>9:00 Chair Aerobics</b> 9:30 Zen Doodle/Color 10:00 Haircuts W/ Missy 10:00 Socrates' Cafe 12:15 Art Club 12:15 Members Choice	<b>1</b> <b>NO REGULAR CENTER Volunteer Appreciation</b> <b>8:45am - Breakfast Served</b> <b>8:00-11am Social Hour</b> <b>8:30/10am Amy Flowers from Soul House</b>	<b>2</b> <b>WEAR YOUR PAJAMAS</b> 8:00 Social Hour/ P&P Games <b>9:00 Massages</b> <b>9:30 Blood Pressures</b> 9:30 Joe Cooney & Friends 12:15 Bingo	<b>3</b> 9:00 Card Clubs 9:00 Iris Paper Folding <b>10:00 Fitness Class</b> <b>10:00 Is it Forgetfulness or Dementia: Country Meadows</b> <b>10-1pm Penn Mar Visitors</b>	<b>4</b> 8:00 Koffee Klatch <b>8:30 Golf @ Royal Manchester</b> <b>9:15 Daycare Visitors No Dance Yoga</b> <b>10:00 Chair Aerobics</b> 11:00 Chase's/ Announcements 12:15 Members Choice
9:00 Card Clubs <b>9:00 Chair Aerobics</b> 9:30 Zen Doodle/Color <b>10:00 Music Therapy</b> 12:15 Art Club 12:15 Members Choice	<b>8</b> <b>9:00 Zumba Gold</b> 9:00 Trivia 10:00 Brunch Bunch <b>10:15 Yoga</b> <b>12:15 Line Dancing</b> 12:15 Members Choice	<b>9</b> <b>MILLEK'S ORDERS DUE 10</b> 8:00 Social Hour/ P&P Games 9:30 Jerry Overby & Derek Reed 12:15 Bingo	<b>11</b> 9:00 Card Clubs <b>9:00 Muscle Mechanics</b> <b>9:00 York County Aging Office Monitoring &amp; Evaluations</b> <b>10:00 Fitness Class</b> <b>10-1pm Penn Mar Visitors</b> 10:00 Shuffleboard 12:15 Now Ya Got It!...\$2-3	<b>12</b> 8:00 Koffee Klatch 9:00 Cornhole <b>10:00 Dance Yoga</b> 11:00 Chase's/ Announcements 11:30 Monthly Birthday Party 12:15 Members Choice
9:00 Card Clubs <b>9:00 Chair Aerobics</b> 9:30 Zen Doodle/Color 10:00 Cornhole 12:15 Art Club 12:15 Members Choice	<b>15</b> <b>9:45 Bird-in-Hand Trip: "Confessions"</b> <b>NO Zumba Gold</b> 9:00 Pokeno <b>10:15 Yoga</b> <b>NO Line Dancing</b> 12:15 Members Choice	<b>17</b> <b>MILLEK'S SUB PICKUP</b> 8:00 Social Hour/ P&P Games <b>9:00 Massages</b> 9:00 Bob Reigh Trivia 10:00 JCM Band 12:15 Bingo	<b>18</b> 9:00 Card Clubs 9:30 Chain Reaction <b>10:00 Fitness Class</b> <b>10:00 Spaghetti in a Bowl w/ NHS Art Honor Society (60max)</b> 12:15 Cornhole	<b>19</b> 9:00 Shuffleboard <b>9:00 Dance Yoga (note time change!)</b> 10:00 Homeland at Home: Bingo 11:00 Chase's/ Announcements 12:15 Members Choice
9:00 Card Clubs <b>9:00 Chair Aerobics</b> 9:30 Zen Doodle/Color 10:00 Ladder Golf 12:15 Paint w/ Holly: Wine Bottle Windchime <b>Celebrate Earth Day!</b>	<b>22</b> <b>9:00 Zumba Gold</b> 9:00 Hoy <b>10:15 Yoga</b> <b>12:15 Line Dancing</b> 12:15 Members Choice	<b>23</b> 8:00 Social Hour/ P&P Games 8:30 Match Game <b>9:00 Sugar &amp; BP Checks</b> 9:30 Tom Shultz 12:15 Bingo	<b>24</b> <b>10:00 D.A. Trip: "Ragtime"</b> <b>9:00 Muscle Mechanics</b> 9:00 Card Clubs <b>10:00 Fitness Class</b> <b>10-1pm Penn Mar Visitors</b> 10:00 Pass the Pigs 12:15 Members Choice	<b>25</b> 8:00 Koffee Klatch 9:00 Bocce Ball <b>10:00 Dance Yoga</b> 11:00 Chase's/ Announcements 12:15 Members Choice
9:00 Card Clubs <b>9:00 Chair Aerobics</b> 9:30 Zen Doodle/Color 10:00 Matthew Cleveland: Missing Link 12:15 Paint w/ Holly - 2 <sup>nd</sup> day if needed	<b>29</b> <b>9:00 Zumba Gold</b> 9:00 Dominos <b>10:15 Yoga</b> <b>12:15 Line Dancing</b> 12:15 Members Choice	<b>30</b> <b>JOIN US:</b> <ul style="list-style-type: none"> <li>★ Everyday At 8am For Koffee Klatch / P&amp;P Games</li> <li>★★ Call Us Before 10:00am <b>At Least One (1) Business Day Ahead</b> To Order Meals &amp; Rabbit Bus Transport</li> <li>★★★ Calendar Subject To Change Without Notice &amp; Changes Often Due To Very Early Printing</li> </ul>		